

# Śardza Ling Retreat Center in Żydowo

September 2011

# Index

Vision

Site

Inspirations and Idea

Schematic Design

Building Layouts

Tibetan symbols and decorations

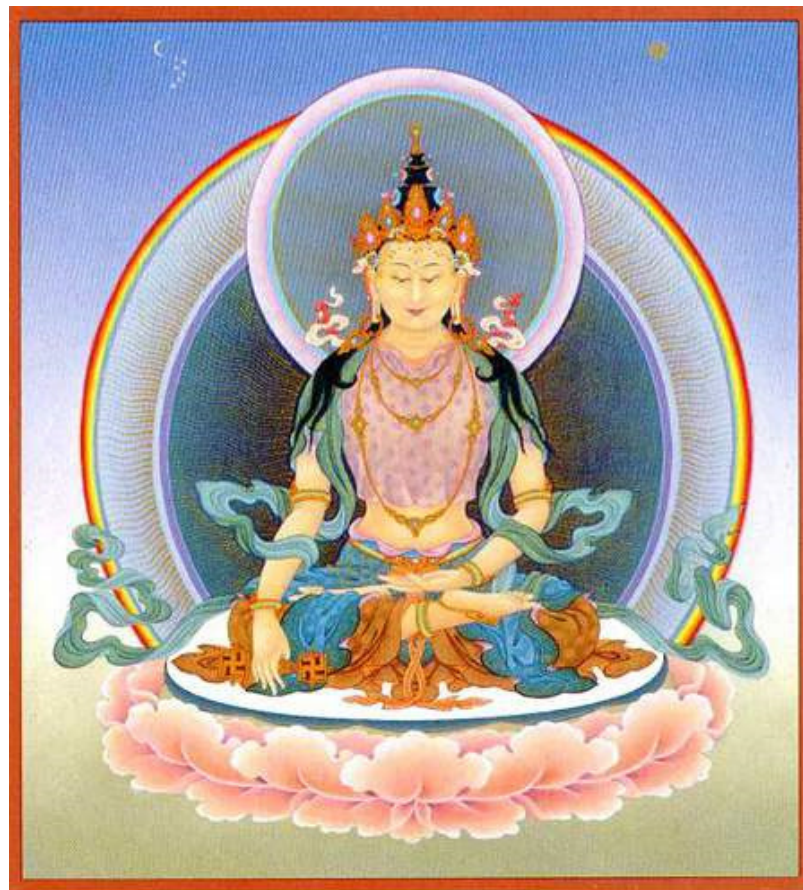
# Vision

Śardza Ling Retreat Center is a dream of our Master Latri Nyima Dakpa Rinpoche. The purpose of the Center, as part of Śardza Ling Institute, is to preserve Tibetan culture, the Bon dzogchen teachings and to provide the opportunity for individuals to understand their own true nature.

Main goal is to establish places for Bon worship and for presentation of religious teachings, services and ceremonies of the Bon spiritual tradition within the surroundings of unspoilt nature. And to foster education by teaching spiritual and meditation practices.

In addition to the above, it is also envisaged as a center for environmental living and training, organizing environment-conscious activities like traditional craft festivals and workshops.

Last but not least the retreat center is also hoped to benefit local communities and serve as a cultural center for people living in the area.



# Site

The site for the retreat center is located in the North West part of Poland in Polanów district which is part of Drawsko-Pomorski Lake District. Nearest village Żydowo is 2 km away and nearest major city Koszalin is 50km away. It is approximately 400km from Warsaw.

The site lays within Protected Landscape Area and belongs to the European Ecological "Natura 2000" Network, therefore no major roads or industrial developments are permitted in the area.

Despite its relatively small size (6000m<sup>2</sup>=1,5acres), environmentally diverse surroundings of the site make it feel a part of a larger ecosystem.

Żydowo village and the area is full of natural reserves, forests and lakes, which make the site well-protected from "civilization".

The site can be reached by car or by bus from Koszalin, stopping in Żydowo village [2km walk from the site].





## Site Photographs



## First visit of the site with Latri Nyima Dakpa Rinpoche - April 2010



## Land blessing ceremonies



# Inspirations and Idea

The location of the site within Protected Landscape Area brings certain responsibility on architectural intervention of the Śardza Ling Retreat Center.

Therefore the idea is to create environment-friendly building which is part of the existing landscape, uses natural and renewable materials, has its own independent waste treatment system and creates as little impact on nature as possible.

The emphasis on sustainability follows Tibetan tradition of treating the earth with respect and will be part of the experience for visitors and practitioners.

We believe that mixture of local traditional building techniques with an influence of Tibetan architecture will constitute a new quality.

Following images show certain design attitude and evoke atmospheres which we hope to create in the center.

## Dining Hall





## Outdoor spaces



## Kitchen and Fireplace



## Cabin Interior



Local technique of building with wood, straw and clay



Tibetan architecture



Strawbale building technique enables and encourages members of Śardza Ling to contribute and take part in building process

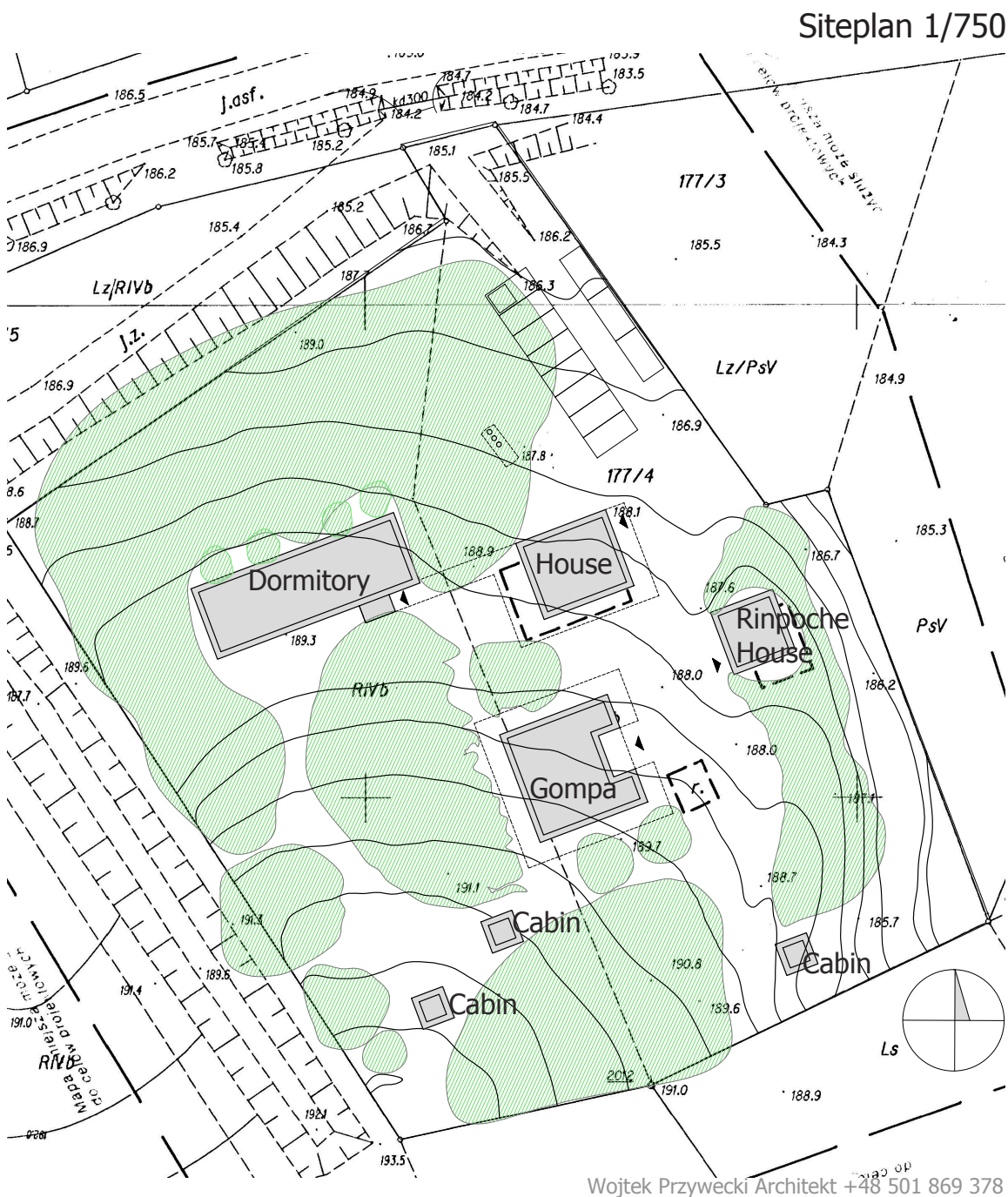


# Schematic Design

Typical layout of farm buildings in the area usually consists of a house and three to four secondary buildings for animals, food storage, farming equipment etc.

The layout of Śardza Ling Retreat Center resembles this traditional cluster scheme and is composed of several buildings too.

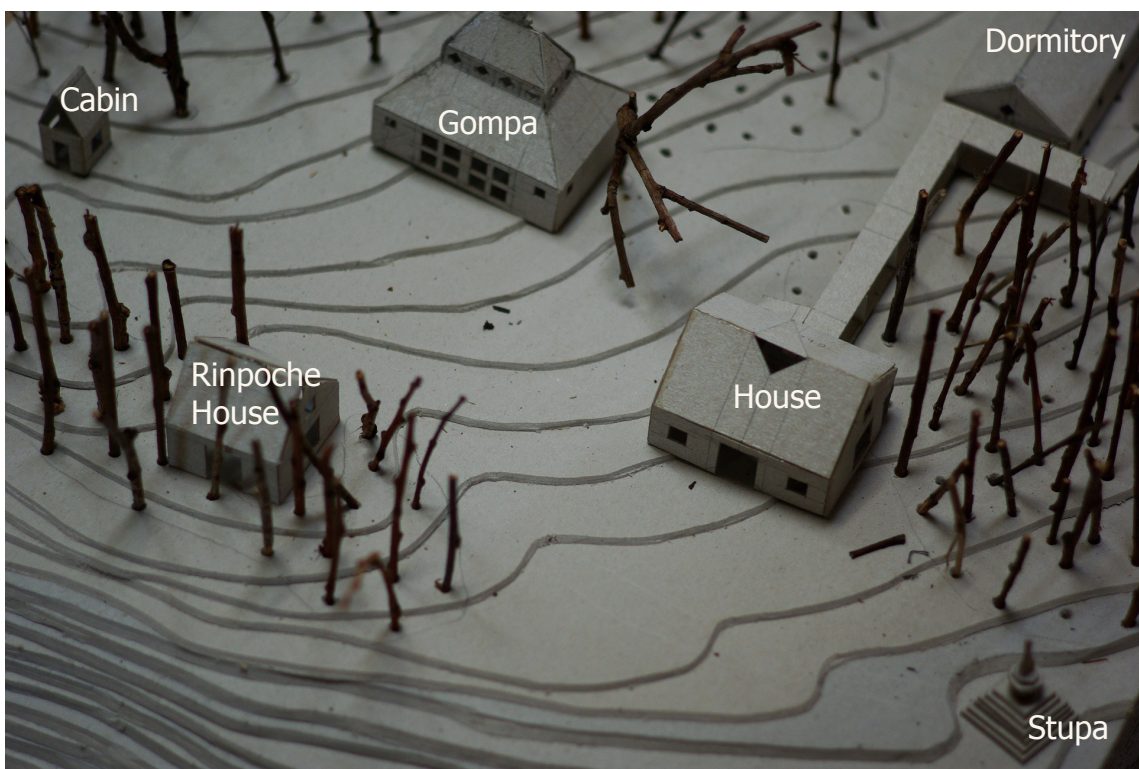
House, Gompa and Rinpoche House are placed around central courtyard while Dormitory and Cabins are little set back to allow for more privacy.



## Latri Nyima Dakpa Rinpoche explains the project during retreat in Poznań



View of the model

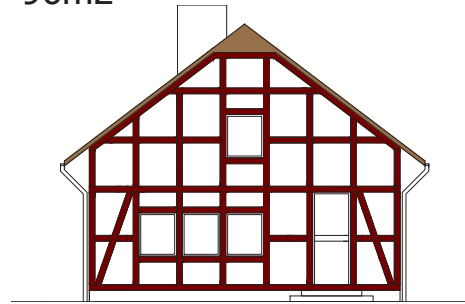


Topview of the model

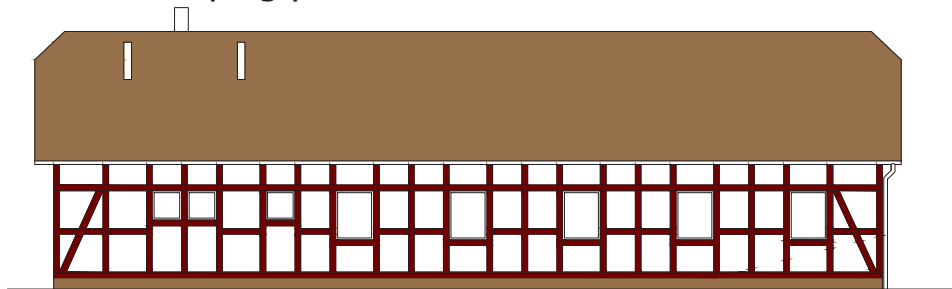


There is a planning permission process pending for the first stage of construction which consists of 4 buildings:

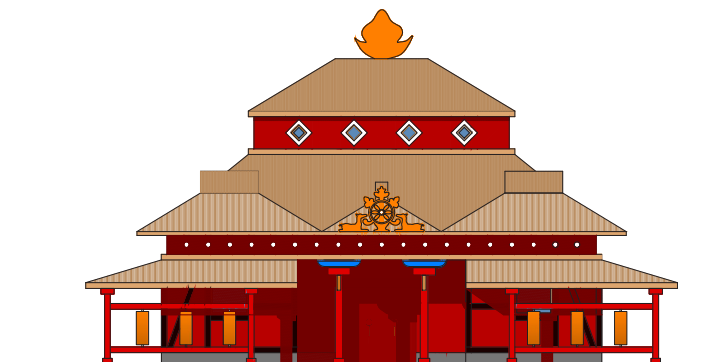
- HOUSE with kitchen, dining hall, living room with fireplace and bedrooms and bathroom for 6 people upstairs - 96m<sup>2</sup>



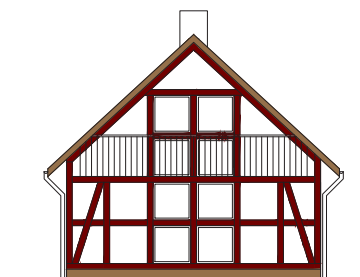
- DORMITORY with 20 sleeping places and bathroom facilities-120m<sup>2</sup>



- GOMPA with main room for meditation and gatherings - 96m<sup>2</sup>



- RINPOCHE HOUSE with small kitchen, study, living area and bedroom and bathroom upstairs - 49m<sup>2</sup>

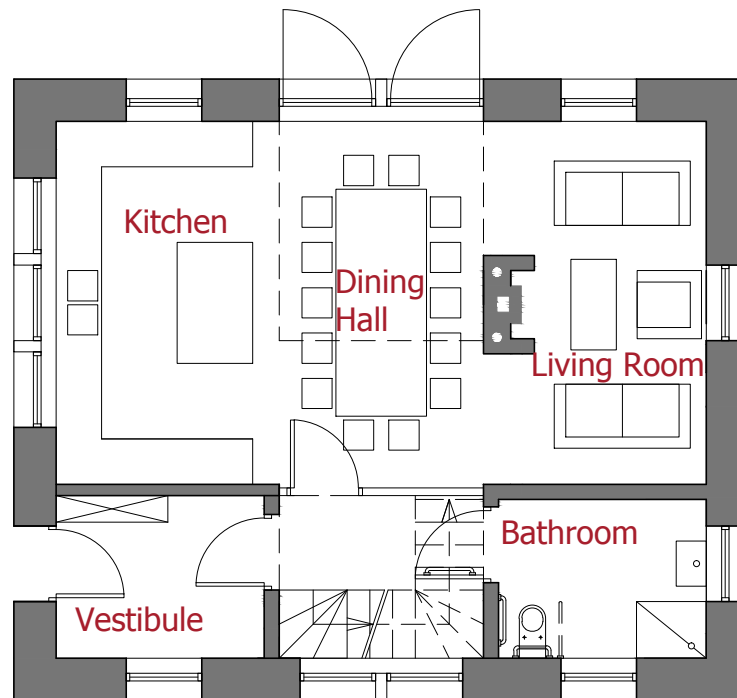


Cabins for individual and dark retreats will be built during second stage of construction -15m<sup>2</sup> each

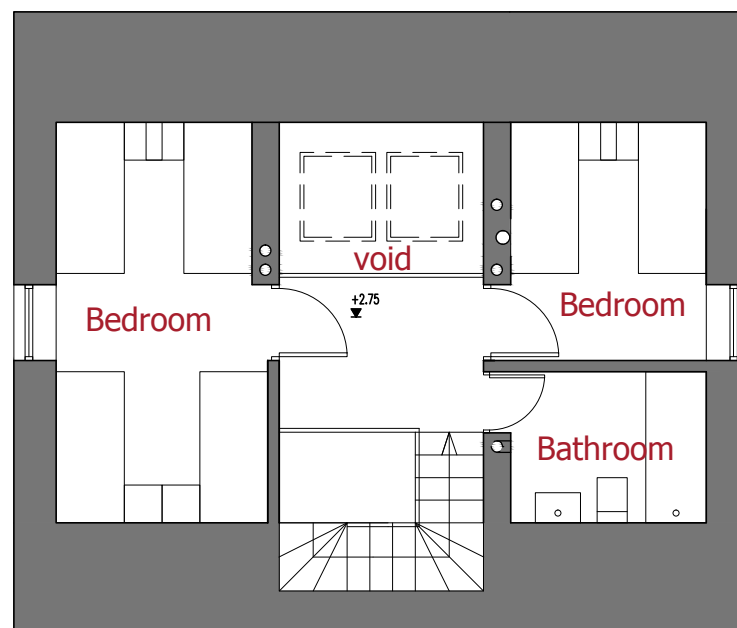


# Building Layouts

## HOUSE

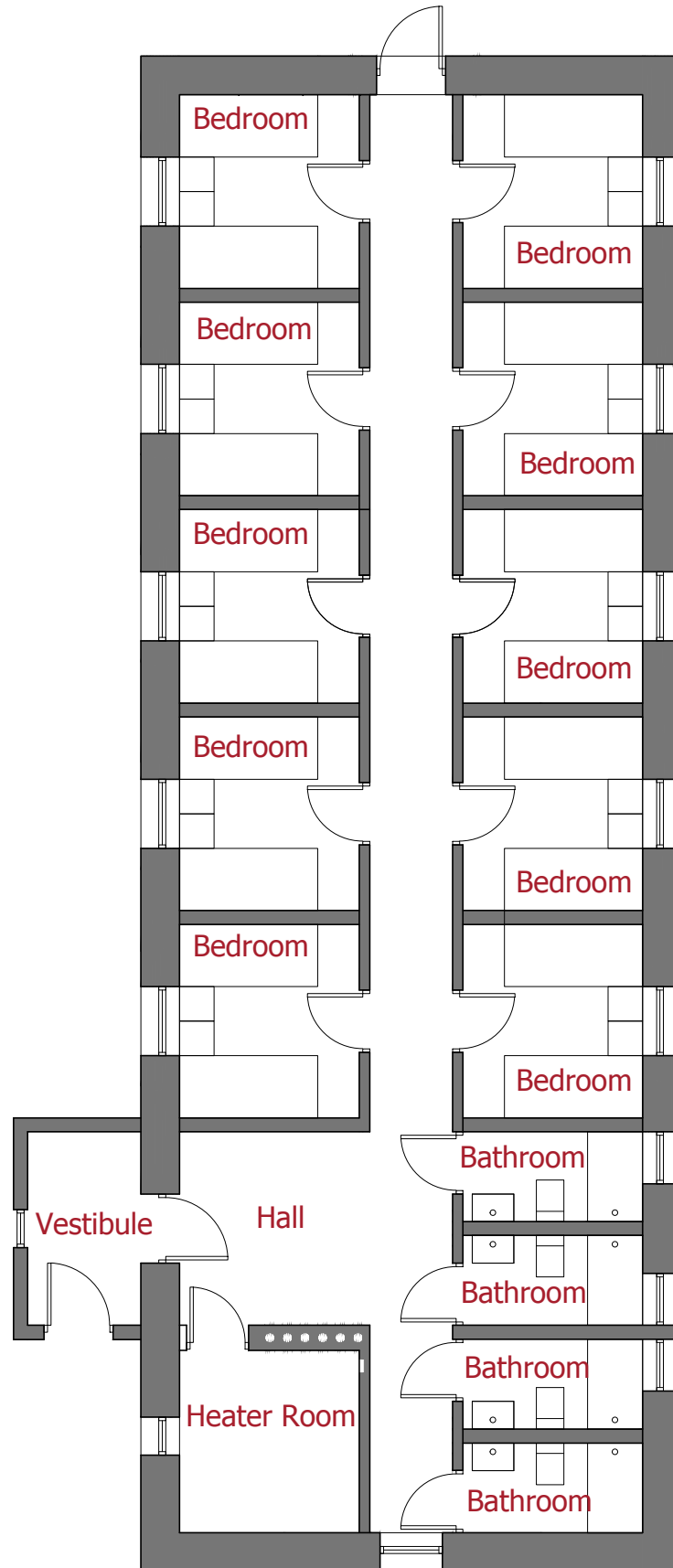


Groundfloor Plan 1/100



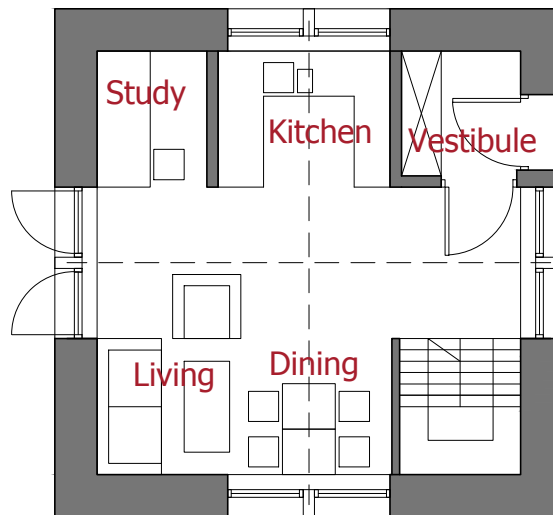
Firstfloor Plan 1/100

DORMITORY

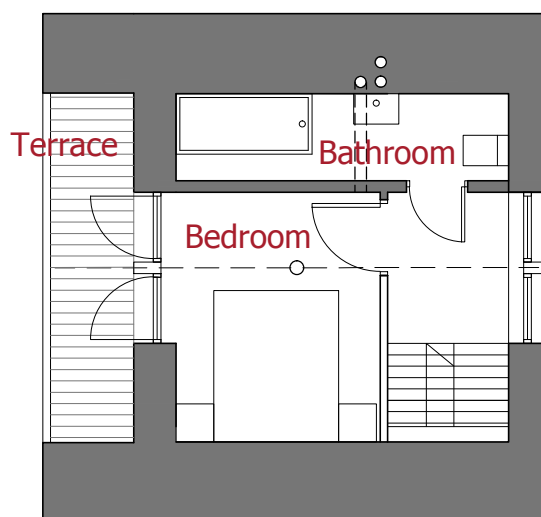


Groundfloor Plan 1/100

# RINPOCHE HOUSE

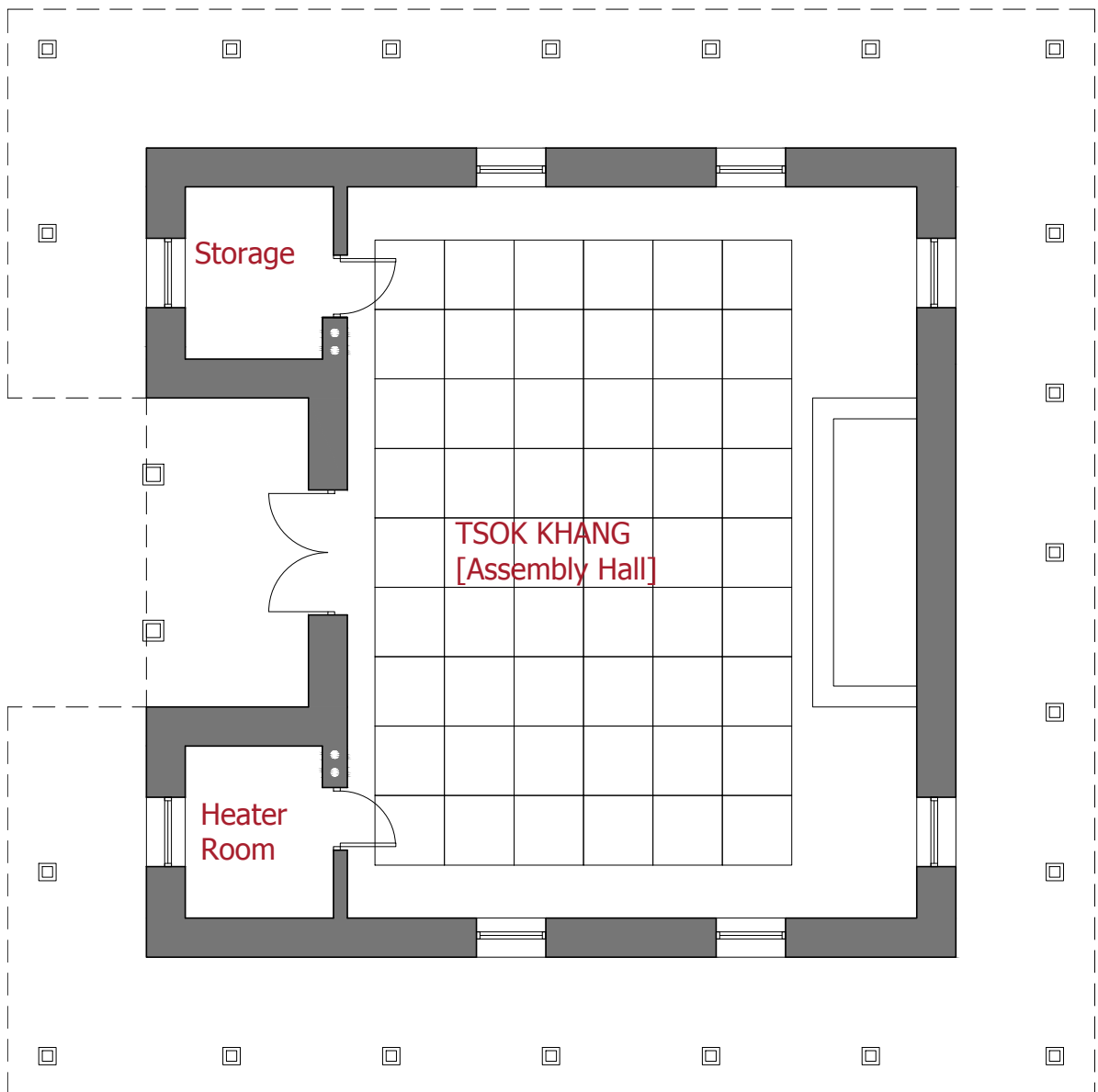


Groundfloor Plan 1/100



Firstfloor Plan 1/100

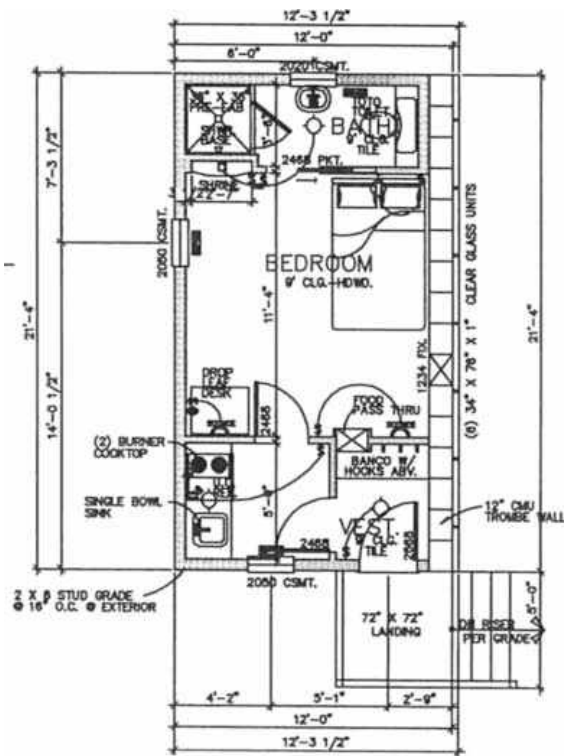
# GOMPA



Groundfloor Plan 1/100

CABIN

[as built in Chamma Ling Retreat Center in Crestone, Colorado]



Groundfloor Plan 1/100

# Tibetan symbols and decorations

Tibetan character of the center will be highlighted by the use of traditional Tibetan symbols, decorations, and building details.

Ri Dag Khorlo



Matri Khorlo

# Gompa Column Detail

